

## Programme Regulations: 2022/23

### Degree of:

#### For candidates starting prior to September 2022:

Postgraduate Diploma in Cognitive Behavioural Therapy: Code: 3463P  
(Option A, Primary Care pathway), 3502P (Primary Care pathway HEE Non-contract), 3464P (Option B, Specialist Applications pathway)

#### For candidates starting from September 2022 onwards

Postgraduate Certificate in Cognitive Behavioural Therapy for Anxiety Disorders: Code 3462P  
Postgraduate Diploma in Cognitive Behavioural Therapy: Code: 3463P (HEE-funded)  
Postgraduate Diploma in Cognitive Behavioural Therapy: Code: 3464P (Self-funded)

### Notes

- (i) *These programme regulations should be read in conjunction with the University's Taught Programme Regulations.*
- (ii) *A core module for learning outcomes is a module which a student must pass.*
- (iii) *A core module for PSRB accreditation is a module a student is required to obtain accreditation.*
- (iv) *A compulsory module is a module which a student is required to study.*
- (v) *All modules are delivered in Linear mode unless stated otherwise as Block, eLearning or distance learning.*
- (vi) ***Students will be required to undergo appropriate DBS and Healthcare checks as stipulated in University and School policies and fulfil all requirements for placements (including clinical access) as dictated by the relevant Care Quality Commission Regulated provider.***
- (vii) *The University has an overriding duty of care to ensure that all students graduating from the programmes not only meet the academic requirements but are also physically and mentally fit to practise and are of good character. The case of any student whose fitness for professional practice is a matter for concern shall be considered under the University's Fitness to Practise Procedure.*

**1. Programme structure**

- (a) The programmes are available for study in part-time mode only
- (b) The period of study for part-time mode shall commence in September and be delivered as follows:
  - a. one academic year for the Postgraduate Certificate
  - b. two academic years for the Postgraduate Diploma
- (c) Students will undertake work related to the programmes whilst providing Cognitive Behavioural Therapy with suitable patients in their normal workplace
- (d) The programme comprises credits to the value of:
  - a. 60 credits for the Postgraduate Certificate
  - b. 120 credits for the Postgraduate Diploma
- (e) All candidates completing the Postgraduate Certificate and Postgraduate Diploma shall take the following compulsory modules:

Postgraduate Certificate Stage/Year 1

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8047	Fundamentals of CBT	20	20			7	✓	✓	
PSY8048	Cognitive Behavioural Therapy for Anxiety Disorders	40	20	20		7	✓	✓	

- (f) Students completing and passing the Postgraduate Certificate stage may graduate or continue study to Postgraduate Diploma stage in Year 2.

(g) For candidates completing the Postgraduate Diploma stage in 2022/23 there are two pathways are available:

- Postgraduate Diploma in Cognitive Behavioural Therapy (Primary Care Applications pathway)
- Postgraduate Diploma in Cognitive Behavioural Therapy (Specialist Applications pathway)

Postgraduate Diploma Stage/Year 2

(h) All candidates completing the Postgraduate Diploma shall take the following compulsory modules:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8049	CBT for Depression	40	20	20		7	✓	✓	
PSY8052 *	Professional Practice	0					✓	✓	

\*PSY8052 is a non-credit bearing module, however each assessment contained in this module must be passed. The Pass/Fail marking scale is used for this module.

(i) In addition, candidates following the Primary Care Applications pathway shall take the following compulsory module:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8050	Primary Care Applications	20			20	7	✓	✓	

(j) In addition, candidates following the Specialist Applications pathway shall take the following compulsory module:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8051	Specialist Applications	20			20	7	✓	✓	

(k) Candidates completing the Postgraduate Diploma stage in 2023/24 shall take the following compulsory modules:

Postgraduate Diploma Stage/Year 2

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8049	CBT for Depression	40	20	20		7	✓	✓	
PSY8083*	Accreditation Portfolio	20			20		✓	✓	

\* This module is not running in 2022/23

**2. Assessment methods**

Details of the assessment pattern for each module are explained in the module outlines.

**3. Other**

Progression and Assessment

- (a) Candidates must pass each component of assessment.
- (b) The Postgraduate Certificate and Postgraduate Diploma may be awarded with Pass, Pass with Merit or Pass with Distinction in line with the standard University criteria for awards (average marks across modules: Pass 50-59%, Pass with Merit 60-69%, Pass with Distinction 70+)

**4. Exemptions to the University's Taught Programme Regulations**

**Module Hours**

Due to the clinical work included in the module PSY8083, the total hours exceed the normal hours of a 20 credit module. In the event of any inconsistency between the programme and University regulations in relation to the above exemption, the programme regulations take precedence over the University regulations.